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Allergen Notice:

Please be advised that our menu items may contain allergens or may have come into contact with items containing allergens, and therefore, there is always a risk of contamination or cross-contact with our food items.

Algonquin College Food Services is not an allergen-free facility. While we make every effort within our kitchen to take precautions, we cannot guarantee that cross-contact of allergens will not occur.

Please be aware that food manufacturers and suppliers may change their formulation or manner of processing without our knowledge, and consequently the potential of food items containing allergens or coming into contact with items containing allergens does exist. This list is not all-inclusive and may vary due to changes in product formulation, recipe substitutions, and other factors.

Algonquin College will assume no liability for any adverse reactions that may occur within the dining facility.

If you have any individual allergy related questions or concerns, please make sure to contact Emma Herrington, our dietitian at herrine@algonquincollege.com to discuss food options available and accommodations that can be arranged.

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| Menu Item | Halal | Vegetarian | Vegan | Wheat | Milk | Egg | Soy | Peanuts | Tree nuts | Fish & Shellfish | Sesame | Mustard | Sulphites |
|--|-------|------------|-------|-------|------|-----|-----|---------|-----------|------------------|--------|---------|-----------|
| Marketplace | | | | | | | | | | | | | |
| Kelly's Grill | | | | | | | | | | | | | |
| All Day Eggs | | | | | | | | | | | | | |
| Bagelwich-Bacon | | | | X | X | X | X | | | | X | | |
| Egg Sandwich on toast or EM With Cheese and Ham Or Bacon | | | | X | X | X | X | | | | * | X | |
| Vegan Breakfast Sandwich | X | X | X | X | * | | X | * | * | | | | |
| Western Sandwich/Wrap | | | | X | | X | X | | | | * | | |
| Breakfast *(VEGAN AND GA OPTIONS AVAILABLE ON REQUEST) | | | | | | | | | | | | | |
| Bacon | | | | | | | X | | | | | | |
| Sausage | | | | X | X | | X | | | | | X | X |
| Bagel with cream cheese | | X | | X | X | | X | | | | * | | |
| Beyond Sausage | X | X | X | | | | | | | | | | |
| Breakfast Special Without sausage or bacon | | X | | X | X | X | X | | | | * | X | X |
| Egg Sandwich | | | | X | X | X | X | | | | * | * | |
| Home Fries | | X | X | | | | | | | | | | |
| Plain Omelette | X | X | | X | * | X | * | | | | | | |
| Toast w/ butter | | X | | X | X | | X | | | | * | | |
| Western Omelette | | | | X | X | X | X | | | | * | | |
| Parsi Bowl *(veg option available) | X | | | | X | X | X | | | | | | X |
| French Toast | | | | X | X | X | X | | | | | | X |
| Frittata | | | | | X | X | X | | | | | | * |
| Brunch Poutine | | | | | X | X | | | | | | | X |
| Waffle | | X | | X | X | X | | | | | | | |
| Grill *(VEGAN AND GA OPTIONS AVAILABLE ON REQUEST) | | | | | | | | | | | | | |
| Bacon Cheeseburger | | | | X | X | X | X | | | | | | |
| Beyond Burger | X | X | X | X | | | | | | | | | X |
| Cheeseburger | | | | X | X | X | X | | | | | | |
| Chef Salad | | X | | | | | | | | | | | |
| Chicken Fingers | X | | | X | | * | * | | | | | | |
| Crispy Chicken Burger | X | | | X | * | X | X | | | | | | |
| French Fries | | X | X | | | | X | | | | | | |
| Grilled Chicken Burger | X | | | X | | X | | | | | | | |
| Hamburger | | | | X | | X | X | | | | | | |
| Jumbo All Beef Hot Dog | | | | X | | | X | | | | * | | |
| Jumbo Chili Cheese Dog | | | | X | X | | X | | | | | | |
| Spicy Black Bean Vegan Burger | X | X | X | * | | | X | | | | | | |
| Whistle Dog | | | | X | X | | X | | | | | | |

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|-----------------------|---|---|---|---|--|--|---|---|--|--|---|---|---|---|
| Caribbean Jerk | X | X | X | | | | | | | | | | | |
| Honey Garlic | X | X | X | X | | | X | | | | | | | |
| Pad Thai | X | X | X | X | | | X | | | | | X | | |
| Red Thai | X | X | X | | | | | | | | | | | |
| Satay Peanut Sauce | X | X | X | X | | | X | X | | | X | | | |
| Spicy Szechuan | X | X | X | X | | | X | | | | X | | X | |
| Sweet and Sour | X | X | X | X | | | X | | | | | | | X |
| Sweet Chili | X | X | X | | | | | | | | | | | |
| Teriyaki | | X | X | X | | | X | | | | | | | |
| Zesty Orange Ginger | | X | X | X | | | X | | | | | | | |
| Nuac Cham Chili Sauce | X | X | X | | | | | | | | | | | X |

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|---|-------|------------|-------|-------|------|-----|-----|---------|-----------|------------------|--------|---------|-----------|
| Luigi's Gourmet Pizza *(GA OPTIONS AVAILABLE ON REQUEST) | | | | | | | | | | | | | |
| Pasta Passion | | | | | | | | | | | | | |
| Alfredo sauce | | X | | | X | | | | | | | | |
| Marinara sauce | X | X | X | X | X | | X | X | | | X | | |
| Meat sauce | X | | | | | | | | | | | | |
| Pesto sauce | | X | | X | X | X | X | | X | | X | | X |
| Rose sauce | | X | | | X | | | | | | | | |
| Chef's Creations | | | | | | | | | | | | | |
| Broccoli & Mushroom Alfredo | | X | | X | X | | | | | | | | |
| Carbonara | | | | X | X | X | X | | | | | | |
| Grilled Chicken | X | | | | | | | | | | | | |
| Grilled Chicken Penne Alfredo | | | | X | X | | | | | | | | |
| Meatballs | | | | X | X | * | X | | | | * | * | |
| Sausage | | | | X | X | | | | | | | | |
| Sausage Farfalle | | | | X | X | | | | | | | | |
| Steak Strips | | | | * | | | X | | | | | | |
| Three Cheese Ravioli | | X | | X | X | X | | | | | | | |
| Lasagna | | | | X | X | X | | * | * | | | | * |
| Pizza *(VEGAN AND GA OPTIONS AVAILABLE ON REQUEST) | | | | | | | | | | | | | |
| BBQ Chicken | | | | X | X | * | X | | | | | X | |
| BBQ Pulled Pork | | | | X | X | * | * | | | | | X | |
| Bruschetta | | X | | X | X | * | X | | | | | | |
| Canadian | | | | X | X | * | | | | | | | |
| Cheese | | X | | X | X | * | | | | | | | |
| Combination | | | | X | X | * | | | | | | | |
| Gyro | | | | X | X | * | * | | | | | | |
| Hamburger | | | | X | X | * | X | | | | | | |
| Hawaiian | | | | X | X | * | * | | | | | | |

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|---|--|---|--|---|---|---|---|---|---|---|---|---|---|
| Meat lovers | | | | X | X | * | X | | | | | | |
| Pepperoni | | | | X | X | * | X | | | | | | |
| Pesto | | | | X | X | * | X | * | * | * | * | * | |
| Vegetarian | | X | | X | X | * | | | | | | | |
| Veggie Calzone | | | | X | X | * | * | | | | | | X |
| Meat lover Calzone | | | | X | X | X | * | | | | * | * | X |
| It's a Wrap *(GA OPTIONS AVAILABLE ON REQUEST) | | | | | | | | | | | | | |
| Prime | | | | | | | | | | | | | |
| Black Forest Ham | | | | | | | | | | | | | X |
| BLT | | | | | | X | X | | | | | X | X |
| Cold Cut Combo | | | | X | X | | X | | | | | | X |
| Meatball Marinara | | | | X | X | | X | | | | | X | |
| Pizza Sub Melt | | | | X | X | | X | | | | | | X |
| Veggie and Cheese | | X | | | X | | X | | | | | | X |

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|--------------------------|-------|------------|-------|-------|------|-----|-----|---------|-----------|------------------|--------|---------|-----------|
| Supreme | | | | | | | | | | | | | |
| Crispy Chicken | X | | | X | | | X | | | | | | * |
| Rotisserie Style Chicken | X | | | | | | | | | | | | |
| Sub Club | | | | | | | | | | | | | X |
| Turkey | | | | | | | | | | | | | X |
| Feature | | | | | | | | | | | | | |
| Southwest Steak | | | | * | | | X | | | | | | X |
| Spicy Black Bean Patty | | X | | X | X | X | X | | | | | | |
| Tuna Salad | | | | | | X | X | | | X | | X | |
| Turkey and Ham | | | | | | | | | | | | | X |
| Turkey Bacon and Avocado | | | | | | | | | | | | | X |
| Brisket | | | | | | | | | | | | | X |
| Pulled Pork | | | | | | | | | | | | | |
| Breads/Tortillas | | | | | | | | | | | | | |
| White Sub Bun | X | X | X | X | X | X | X | | | | X | | X |
| Whole Wheat Sub Bun | X | X | X | X | X | X | X | | | | X | | X |
| Cheese Bun | X | X | | X | X | X | X | | | | X | | X |
| Flatbread | X | X | X | X | | | X | | | | | | X |
| Gluten Free Sub Bun | X | X | X | | | | X | | | | * | * | |
| Tomato Tortilla | X | X | X | X | | | | | | | | | |
| Spinach Tortilla | X | X | X | X | | | | | | | | | |
| White Tortilla | X | X | X | X | | | | | | | | | |
| Whole Wheat Tortilla | X | X | X | X | | | | | | | | | |
| Add-ons | | | | | | | | | | | | | |

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|---|--------------|-------------------|--------------|--------------|-------------|------------|------------|----------------|------------------|-----------------------------|---------------|----------------|------------------|
| Ancho Chipotle | | X | | | X | X | X | | | | | X | |
| Caesar | | | | | X | X | X | | | X | | X | |
| Green Goddess | | | | | X | | X | | | X | | | |
| H.P Sauce | | X | X | | | | | | | | | X | |
| Honey and Regular Mustard | | X | X | | | | | | | | | X | |
| Hot Sauce | | X | X | | | | | | | | | | |
| Italian Light | | X | X | | X | | X | | | | | X | |
| Mayonnaise | | X | | | | X | X | | | | | X | |
| Korean BBQ | | X | X | X | | | X | | | | X | | X |
| Tabasco | X | X | X | | | | | | | | | | |
| Cheddar Cheese | | X | | | X | | | | | | | | |
| Mozzarella Cheese | | X | | | X | | | | | | | | |
| Monterey Jack Cheese | | X | | | X | | | | | | | | |
| Swiss Cheese | | X | | | X | | | | | | | | |
| Feta Cheese | X | X | | | X | | | | | | | | X |
| Applewood Smoked Cheddar | | X | | | X | | | | | | | | X |
| The Sweet Spot | | | | | | | | | | | | | |
| Crepes | | | | | | | | | | | | | |
| Crepe with Cinnamon Sugar and Lemon | | X | | X | X | X | | | | | | | |
| Crepe with Fresh Fruit | | X | | X | X | X | | | | | | | |
| Crepe with Nutella | | X | | X | X | X | X | | X | | | | |
| Ham and Cheese | | | | X | X | X | | | | | | | |
| Ham, Egg, and Cheese | | | | X | X | X | | | | | | | |
| Plain | | X | | X | X | X | | | | | | | |
| Belgian Waffles | | | | | | | | | | | | | |
| Plain | | X | | X | X | X | | | | | | | |
| With Fruit | | X | | X | X | X | | | | | | | |
| Add Ons | | | | | | | | | | | | | |
| Whipped Cream | | X | | | X | | | | | | | | |
| Nutella | | X | | | X | | X | | X | | | | |
| Juiced | | | | | | | | | | | | | |
| Chocolate Banana | X | X | | | X | | | | | | | | |
| Berry Blast | X | X | | | X | | | | | | | | |
| Menu Item | Halal | Vegetarian | Vegan | Wheat | Milk | Egg | Soy | Peanuts | Tree nuts | Fish & Shellfish | Sesame | Mustard | Sulphites |
| Creamy Peach | X | X | | | X | | | | | | | | |
| Tropicana | X | X | | | X | | | | | | | | |
| Killer Kale | X | X | | | | | | | | | | | |
| Honey Berry | X | X | | | X | | | | | | | | |
| Whey Protein Powder | | X | | | X | | X | | | | | | |
| Fresh Salad Bar – Self Serve – Salads Varies Daily | | | | | | | | | | | | | |

