

X = Contains

\* = May Contain

## **Allergen Notice:**

Please be advised that our menu items may contain allergens or may have come into contact with items containing allergens, and therefore, there is always a risk of contamination or cross-contact with our food items.

**Algonquin College Food Services is not an allergen-free facility.** While we make every effort within our kitchen to take precautions, we cannot guarantee that cross-contact of allergens will not occur.

Please be aware that food manufacturers and suppliers may change their formulation or manner of processing without our knowledge, and consequently the potential of food items containing allergens or coming into contact with items containing allergens does exist. This list is not all-inclusive and may vary due to changes in product formulation, recipe substitutions, and other factors.

**Algonquin College will assume no liability for any adverse reactions that may occur within the dining facility.**

If you have any individual allergy related questions or concerns, please make sure to contact Emma Herrington, our dietitian at [herrine@algonquincollege.com](mailto:herrine@algonquincollege.com) to discuss food options available and accommodations that can be arranged.

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Menu Item	Halal	Vegetarian	Vegan	Wheat	Milk	Egg	Soy	Peanuts	Tree nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
<b>Portable Feast</b>													
<b>Mexican Feast</b>													
<b>Burritos</b>													
Beans and Cheese		X		X	X								
Bean Burrito		X	X	X									
Beef	X			X	X		X						
Chicken	X			X	X								
Pork				X	X		X					X	
<b>Quesadilla</b>													
Beef	X			X	X		X						
Chicken	X			X	X		X						
Veggie Quesadilla				X	X								
<b>Tacos</b>													
Beef	X			X			X						
Chicken	X			X	X								
<b>Nachos</b>													
Chicken Supreme	X				X								
Chili Cheese	X				X								
Chili Supreme	X				X								
Salsa and Cheese		X			X								
Supreme					X								
<b>Naked Burrito Bowl/Tortilla Salad Bowl</b>													
Beef	X			X	X		X						
Chicken	X			X	X		X						
Chili	X			X									
Pork				X									
<b>Toppings</b>													
Black Beans	X	X	X										
Burrito Sauce		X	X		X	X	X					X	
Cheese		X			X								
Guacamole	X	X	X										
Hot Sauce	X	X	X										
Mild Salsa	X	X	X										
Refried Beans	X	X	X										
Rice	X	X	X										
Sour Cream		X			X		X						

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White/Whole Wheat Tortilla	X	X	X	X										
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<b>Feast Express</b>													
Antojitos		X			X		X						
Breakfast Burrito	X			X	X	X	X					X	
Breakfast English Muffin with Bacon		X		X		X	X						
With Sausage				X	X		X					X	X
Breakfast Special Without sausage or bacon		X		X	X	X	X				*	X	X
Sausage				X	X		X					X	X
Bacon							X						
Enchilada Chicken	X			X									
Veggie	X	X	X	X			X						
Chicken Chimichanga	X			X	X		X						
Hash brown		X	X										
Loaded Baked Potato					X		X						
Ultimate Mac n' Cheese		X		X	X								
Delights by Mama Chicken Empanada				X		X							
Delights by Mama Beef Empanada				X		X							
Delights by Mama Columbian Empanada													
Delights by Mama Vegan Empanada				X									
Delights by Mama Cheese Empanada					X								
Delights by Mama Ricotta Empanada				X	X	X							