

X = Contains

* = May Contain

Allergen Notice:

Please be advised that our menu items may contain allergens or may have come into contact with items containing allergens, and therefore, there is always a risk of contamination or cross-contact with our food items.

Algonquin College Food Services is not an allergen-free facility. While we make every effort within our kitchen to take precautions, we cannot guarantee that cross-contact of allergens will not occur.

Please be aware that food manufacturers and suppliers may change their formulation or manner of processing without our knowledge, and consequently the potential of food items containing allergens or coming into contact with items containing allergens does exist. This list is not all-inclusive and may vary due to changes in product formulation, recipe substitutions, and other factors.

Algonquin College will assume no liability for any adverse reactions that may occur within the dining facility.

If you have any individual allergy related questions or concerns, please make sure to contact Emma Herrington, our dietitian at herrine@algonquincollege.com to discuss food options available and accommodations that can be arranged.

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Menu Item	Halal	Vegetarian	Vegan	Wheat	Milk	Egg	Soy	Peanuts	Tree nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
The Fix													
Breakfast													
Western Omelette				X	X	X	X				*		
Plain Omelette	X	X		X	*	X	*						
Egg Sandwich on toast or EM With Cheese and Ham Or Bacon				X	X	X	X				*	X	
Bagelwich – Bacon				X	X	X	X				X		
Bagelwich - Ham				X	X	X	X				X		*
Breakfast Special Without sausage, bacon or ham		X		X	X	X	X				*	X	X
Toast with Butter		X		X	X		X					*	
Homefries		X	X										
Bacon							X						
Sausage				X	X		X					X	X
Luigi's Gourmet Pizza													
Cheese		X		X	X		X				*		
Combination				X	X		X				*		
Meat lovers				X	X		X				*		
Pepperoni				X	X		X				*		
Vegetarian		X		X	X		X				*		
Salads													
Caesar					X	X	X			X			
Greek		X			X		X						
Stir-Fry													
Beef													
Chicken	X												
Tofu	X	X	X				X						
Rice	X	X	X										
Noodles		X		X		X							
Red Thai	X	X	X										
Pineapple Curry		X	X										
Honey Garlic	X	X	X	X			X						
Teriyaki		X	X	X			X						
Pad Thai	X	X	X	X			X					X	
Burger and Sandwiches													
Bacon Cheeseburger				X	X	X	X						
Beyond Burger	X	X	X	X									X
BLT				X			X						

