

X = Contains

\* = May Contain

### **Allergen Notice:**

Please be advised that our menu items may contain allergens or may have come into contact with items containing allergens, and therefore, there is always a risk of contamination or cross-contact with our food items.

**Algonquin College Food Services is not an allergen-free facility.** While we make every effort within our kitchen to take precautions, we cannot guarantee that cross-contact of allergens will not occur.

Please be aware that food manufacturers and suppliers may change their formulation or manner of processing without our knowledge, and consequently the potential of food items containing allergens or coming into contact with items containing allergens does exist. This list is not all-inclusive and may vary due to changes in product formulation, recipe substitutions, and other factors.

**Algonquin College will assume no liability for any adverse reactions that may occur within the dining facility.**

If you have any individual allergy related questions or concerns, please make sure to contact Emma Herrington, our dietitian at [herrine@algonquincollege.com](mailto:herrine@algonquincollege.com) to discuss food options available and accommodations that can be arranged.

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Menu Item	Halal	Vegetarian	Vegan	Wheat	Milk	Egg	Soy	Peanuts	Tree nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
<b>Marketplace</b>													
<b>Kelly's Grill</b>													
<b>All Day Eggs</b>													
Bagelwich-Bacon				X	X	X	X				X		
Egg Sandwich on toast or EM With Cheese and Ham Or Bacon				X	X	X	X				*	X	
Vegan Breakfast Sandwich	X	X	X	X	*		X	*	*				
Western Sandwich/Wrap				X		X	X				*		
<b>Breakfast</b>													
Bacon							X						
Sausage				X	X		X					X	X
Bagel with cream cheese		X		X	X		X				*		
Beyond Sausage	X	X	X										
Breakfast Special Without sausage or bacon		X		X	X	X	X				*	X	X
Egg Sandwich				X	X	X	X				*	*	
Home Fries		X	X										
Plain Omelette	X	X		X	*	X	*						
Toast w/ butter		X		X	X		X				*		
Western Omelette				X	X	X	X				*		
<b>Grill</b>													
Bacon Cheeseburger				X	X	X	X						
Beyond Burger	X	X	X	X									X
Cheeseburger				X	X	X	X						
Chef Salad		X											
Chicken Fingers	X			X		*	*						
Crispy Chicken Burger	X			X	*	X	X						
French Fries		X	X				X						
Grilled Chicken Burger	X			X		X							
Hamburger				X		X	X						
Jumbo All Beef Hot Dog				X			X				*		
Jumbo Chili Cheese Dog				X	X		X						
Spicy Black Bean Vegan Burger	X	X	X	*			X						
Whistle Dog				X	X		X						
Korean Street Toast	X			X	X	X	X					X	
Tandoori grilled chicken breast burger	X			X	X			*				*	
<b>Sandwiches</b>													
BLT				X		X	X				*	X	

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Cajun Chicken Po' Boy				X	*	X	X					X	
Club Sandwich				X	*	X	X					X	
<b>Menu Item</b>	<b>Halal</b>	<b>Vegetarian</b>	<b>Vegan</b>	<b>Wheat</b>	<b>Milk</b>	<b>Egg</b>	<b>Soy</b>	<b>Peanuts</b>	<b>Tree nuts</b>	<b>Fish &amp; Shellfish</b>	<b>Sesame</b>	<b>Mustard</b>	<b>Sulphites</b>
Gourmet Sourdough Grilled Cheese		X		X	X								
Pulled Pork Sandwich				X		X	X					X	
Chicken Parm Sandwich				X	X								X
<b>Poutine and Sides</b>													
Beefeater Onion Rings	X	X	X	X			X						
Chicken Shawarma Poutine	X			X	X	X	X						X
Chili and Cheese Poutine	X			X	X		X						X
Poutine		X		X	X		X						X
Pulled Pork Poutine				X	X		X					X	X
Smoked Meat Poutine				X	X		X						X
Sweet Potato Fries		X	X										
Vegan Mushroom Poutine	X	X	X	X			X				*		X
<b>Taste of Asia</b>													
<b>Ramen</b>													
Chicken Broth	X												
Hardboiled egg and scallions		X				X							
Plant Based Broth	X	X	X										
Pulled Chicken	X												
Tofu	X	X	X				X						
<b>Design Your Own Creation</b>													
Beef													
Chicken	X												
Chow Mein	X	X	X	X									
Glass Noodles	X	X	X										
Rice Noodles	X	X	X										
Tofu	X	X	X				X						
White Rice	X	X	X										
<b>Sauces</b>													
Butter Chicken		X			X								
Caribbean Jerk	X	X	X										
Honey Garlic	X	X	X	X			X						
Pad Thai	X	X	X	X			X					X	
Red Thai	X	X	X										
Satay Peanut Sauce	X	X	X	X			X	X			X		
Spicy Szechuan	X	X	X	X			X				X		X
Sweet and Sour	X	X	X	X			X						X
Sweet Chili	X	X	X										
Teriyaki		X	X	X			X						
Zesty Orange Ginger		X	X	X			X						

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Menu Item	Halal	Vegetarian	Vegan	Wheat	Milk	Egg	Soy	Peanuts	Tree nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
<b>Luigi's Gourmet Pizza</b>													
<b>Pasta Passion</b>													
Alfredo sauce		X			X								
Marinara sauce	X	X	X	X	X		X	X			X		
Meat sauce	X												
Pesto sauce		X		X	X	X	X		X		X		X
Rose sauce		X			X								
<b>Chef's Creations</b>													
Broccoli & Mushroom Alfredo		X		X	X								
Carbonara				X	X	X	X						
Grilled Chicken	X												
Grilled Chicken Penne Alfredo				X	X								
Meatballs				X	X	*	X				*	*	
Sausage				X	X								
Sausage Farfalle				X	X								
Steak Strips				*			X						
Three Cheese Ravioli		X		X	X	X							
<b>Pizza</b>													
BBQ Chicken				X	X	*	X					X	
BBQ Pulled Pork				X	X	*	*					X	
Bruschetta		X		X	X	*	X						
Canadian				X	X	*							
Cheese		X		X	X	*							
Combination				X	X	*							
Gyro				X	X	*	*						
Hamburger				X	X	*	X						
Hawaiian				X	X	*	*						
Meat lovers				X	X	*	X						
Pepperoni				X	X	*	X						
Pesto				X	X	*	X	*	*	*	*	*	
Vegetarian		X		X	X	*							
Veggie Calzone				X	X	*	*						X
Meat lover Calzone				X	X	X	*				*	*	X
<b>It's a Wrap</b>													
<b>Prime</b>													
Black Forest Ham				X	X		X						
BLT				X		X	X					X	
Cold Cut Combo				X	X		X						

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Meatball Marinara				X	X	*	X					*	*	
Pizza Sub Melt				X	X		X							
Veggie and Cheese		X		X	X		*							

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<b>Supreme</b>													
Crispy Chicken				X			X						*
Rotisserie Style Chicken	X			X			*						
Sub Club				X	X		X						
Turkey with Avocado				X	X		X						
<b>Feature</b>													
Southwest Steak and Avocado				X	X		X						
Spicy Black Bean Patty		X		X	X	X	X						
Tuna Salad				X		X	X			X		X	
Turkey and Ham				X	X		X						
Turkey Bacon and Avocado				X	X		X						
<b>Add-ons</b>													
Ancho Chipotle		X			X	X	X					X	
Caesar					X	X	X			X		X	
Green Goddess					X		X			X			
H.P Sauce		X	X									X	
Honey and Regular Mustard		X	X									X	
Hot Sauce		X	X										
Italian Light		X	X		X		X					X	
Mayonnaise		X				X	X					X	
Smoky BBQ		X	X									X	
Tabasco	X	X	X										
<b>The Sweet Spot</b>													
<b>Crepes</b>													
Crepe with Cinnamon Sugar and Lemon		X		X	X	X							
Crepe with Fresh Fruit		X		X	X	X							
Crepe with Nutella		X		X	X	X	X		X				
Ham and Cheese				X	X	X							
Ham, Egg, and Cheese				X	X	X							
Plain		X		X	X	X							
<b>Belgian Waffles</b>													
Plain		X		X	X	X							
With Fruit		X		X	X	X							
<b>Add Ons</b>													



