

X = Contains

\* = May Contain

### **Allergen Notice:**

Please be advised that our menu items may contain allergens or may have come into contact with items containing allergens, and therefore, there is always a risk of contamination or cross-contact with our food items.

**Algonquin College Food Services is not an allergen-free facility.** While we make every effort within our kitchen to take precautions, we cannot guarantee that cross-contact of allergens will not occur.

Please be aware that food manufacturers and suppliers may change their formulation or manner of processing without our knowledge, and consequently the potential of food items containing allergens or coming into contact with items containing allergens does exist. This list is not all-inclusive and may vary due to changes in product formulation, recipe substitutions, and other factors.

**Algonquin College will assume no liability for any adverse reactions that may occur within the dining facility.**

If you have any individual allergy related questions or concerns, please make sure to contact Emma Herrington, our dietitian at [herrine@algonquincollege.com](mailto:herrine@algonquincollege.com) to discuss food options available and accommodations that can be arranged.

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Menu Item	Halal	Vegetarian	Vegan	Wheat	Milk	Egg	Soy	Peanuts	Tree nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
<b>Grab N Go Items</b>													
<b>Desserts</b>													
Apple Fritter		X		X	X	X	X	*	*		*		*
<u>Assorted Cookies:</u>													
Chunky Chocolate Supreme		X		X	X	X	X	*	*				
Cranberry White Chocolate		X		X	X	X	X	*	*				
Double Chocolate White Chocolate		X		X	X	X	X	*	*				*
Oatmeal Cinnamon Raisin		X		X	X	X	X	*	*				
Peanut Butter Flutter		X		X	X	X	X	X	*				
Banana Cream Pie		X		X	X		X						
Banana Loaf Cake		X		X	X	X	*	*	*				X
Blueberry Pie		X		X			X						
Boston Cream Pie		X		X	X	X	X						
Butter Tart Bar		X		X	X	X	X	*	X				*
Carrot and Pineapple Loaf Cake		X		X	*	X	*	*	X				*
Carrot Cake Loaf		X		X	X	X	X	*	*				
Chocolate Cake		X		X	X	X	X	*	*				
Chocolate Cream Pie		X		X	X		X						
Chocolate Mousse		X			X								
Chocolate Éclair		X		X	X	X	X						
Crème Brulee		X		*	X	X	*	*	*				*
<u>Danishes:</u>													
Almond		X		X	X	X	*	*	X		X		
Cheese		X		X	X	X	X						
Greek Yogurt Cherry		X		X	X	X	*						
Maple Pecan		X		X	X	X	X	*	X				
Lemon Butter		X		X	X	X	X						
House-made Cheesecake Sundae		X		X	X								*
House-made Chocolate Brownie Parfait		X		X	X	X	X	*	X				*
Key Lime Pie		X		X	X	X	X	*	*				X
Lemon and Cream Shortcake		X		X	X	X	*	*	*				*
Lemon and Poppyseed Loaf Cake		X		X	X	X	*	*	*				*
Lemon Meringue Pie		X		X		X	X						
Lemon Tarts		X		X	X		X						
<u>Muffins:</u>													
Chocolate Chip		X		X	X	X	X						
Double Chocolate		X		X	X	X	X						
Chocolate Banana		X		X	X	X	X						

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Cornbread		X		X	X	X	X						
Raspberry Yogurt		X		X	X	X	X						
Orange Cranberry		X		X	X	X	X						
Cranberry Lemon		X		X	X	X	X						
Blueberry		X		X	X	X	X						
Banana		X		X	X	X	X						
Golden Bran		X		X	X	X							
Carrot		X		X	X	X	X						
Oatmeal Apple		X		X	X	X	X						
Pecan Pie		X		X		X		*	X				
Pumpkin Pie		X		X	X	X							
Red Velvet Cake	X	X		X	X	X		*	*				
Sticky Toffee Pudding Cake		X		X	X	X	X	*	*				X
Strawberry Mousse		X			X								
Strawberry Shortcake		X		X	X	X	*	*	*				*
Tiramisu		X		X	X	X							
Vegan Blueberry Crumble		X	X	X									X
Vegan Chocolate Mousse		X	X		*			*	*				
<b>Fruit and Vegetables</b>													
Canary Melon	X	X	X										
Cantaloupe	X	X	X										
Fresh Fruit salad	X	X	X										
Grapes	X	X	X										
Green Coleslaw		X				X	X						X
Honeydew	X	X	X										
Mixed Fruit and Yogurt		X			X								
Mixed Vegetable and Dip		X											
Watermelon	X	X	X										
<b>Sandwiches</b>													
Egg Salad		X		X	X	X	X					*	X
Ham and Swiss Deli				X	X	X	X					*	X
Tuna Salad				X		X	X		X			*	X
Corned Beef				X	X		X					*	X
Turkey				X	X	X	X					*	X
Veggie	X	X	X	X			X					X	
Chicken Waldorf Salad Sandwich	X			X	X	X	X					*	*
Ham and Turkey Sandwich				X	X	X	X					*	*
Tofu Bahn Mi		X		X		X	X					X	*
Chickpea salad sandwich	X	X		X		X	X					X	*
Club Bun				X	X	X	X					*	X
Italian sub				X	X	X	X					*	X
Tomato Cucumber Kale				X	X	*	X					*	X
<b>Snacks/Side</b>													
Bistro Protein Box				X	X	X							

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Traditional Lasagna				X	X	X							
Vegetable Lasagna		X		X	X	X							
Vegetable Samosa		X		X	*		*	*	*		*	*	
<b>Wraps</b>													
Chicken Caesar	X			X	X	X	X			X	*	X	*
Corned Beef				X		X	X					X	
Ham and Cheese				X	X	X	X					X	*
Turkey				X	X	X	X					X	*
Vegetarian	X	X	X	X			X				X		